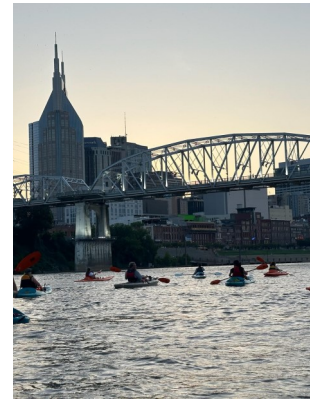




These activities are offered by Metro Nashville Parks and Recreation - Outdoor Recreation program. Age and ability level are noted for each event. Some activities may charge a small fee. Unless otherwise noted, advance registration is required. These activities are offered at various park locations across the city. Exact location of the activities will be provided when you register.



Questions?
 Phone: 615-642-9745
 Email: outdoorrec@nashville.gov or krista.allen@nashville.gov

Outdoor Nashville - Spring 2026 Programs

Pre-registration is currently required for most programs, so please email outdoorrec@nashville.gov to make sure there is a spot available to you.

Climbing Day



Thursday, March 12th
 1:00pm-3:00pm
 Age level: All ages
 Skill: Beginner/
 Intermediate
 Bells Bend Park
 Free

Whether a beginner or a pro, this is the program for you! Come check out Bells Bend Outdoor Center's indoor climbing wall with our auto belay system and outdoor boulder. We'll have the crash pads set up and ready to go. Shoes, chalk, etc. not provided. We will have harnesses available for use on the indoor wall.

Knot Tying



Friday, March 13th
 1:00pm-3:00pm
 Age level: All ages
 Skill: Beginner
 Beaman Park
 Free

Knot tying is an incredibly useful skill that can be used in many everyday situations! Drop by our table on the porch of Beaman Park Nature Center for a chance to practice knots you may already know and learn a few new ones along the way. Whether you're a beginner or looking to brush up on your skills, this session is a great way to build confidence and have fun while learning the ropes, literally!

Spring Break Family Campout



Saturday, March 14th
 Overnight
 Age level: All ages
 Skill: Beginner
 Bells Bend Park
 Free

Join us for a free family-friendly campout under the stars at Bells Bend's campground. Bring your own food and camping gear, and enjoy optional group activities that will be offered throughout the evening. Space is limited, so be sure to reserve your spot early!

Cold Weather Camping Class



Thursday, March 19th
 6:00pm-8:00pm
 Age level: 13+
 Skill: Beginner
 Beaman Park
 Free

Get ready to embrace the chill! In this program at Beaman Park Nature Center, we'll cover the essentials of camping in cold weather. We will discuss everything from choosing the right gear and clothing layers to setting up a warm, safe campsite. Learn practical tips for staying comfortable through the night, keeping you and your supplies from freezing, and enjoying the beauty of winter outdoors with confidence.

Shelby Outdoor Recreation Open House

Saturday, March 21st
 10:00am-2:00pm
 Age level: All ages
 Skill: n/a
 Shelby Community Ctr.
 Free

Come visit Outdoor Nashville's booth at the Shelby Outdoor Recreation Open House! This event showcases all the amazing ways to have fun in Shelby Park and Bottoms. It's a celebration of all the things that get us active - outdoors and in. Join in on the fun, connect with the community and share your favorite way to get active in the park.

Nashville Outdoor Recreation Festival



Saturday, April 11th
 Bells Bend 6 Miler starts at 8:00am
 Nashville Outdoor Recreation Festival 9:00am-3:00pm

Spend the day in Bells Bend Park for the 14th Annual Nashville Outdoor Recreation Festival. Come out and see the latest and greatest equipment, ask questions from the pros, attend a workshop, or maybe even try a new activity! We will have archery, rock climbing, bouldering, and so much more for you to try FREE!!



For assistance or accommodation, please email outdoorrec@nashville.gov or call 615-642-9745.